

SPORTING LEADERS

Creating Performance



**COACHING
PATHWAY
LEVEL 1**

**SHAPING
A BETTER
WORLD**
SINCE 1845



The “Sporting Leaders” Programme has been created in partnership between Queen’s Sport and the University’s school of Management and Castlequarter Coaching to grow leadership knowledge and skills with those involved in coaching and managing in sporting or related environments.

This interactive programme will enable participants to:

1. Explore key leadership theories and how these apply to sports environments.
2. Understand the key influences in their own sporting journey and how these shape philosophy and behaviour.
3. Examine their personal leadership styles including strengths and areas for development.
4. Consider how people learn and the implications for sports leadership and management

This is an accredited Institute of Leadership and Management Award (ILM) Level 3 award. ILM is the largest Management Training Certification Body in Europe.

For further details please contact Queen’s University Performance Sport Manager Aidan O’Rourke at; a.orourke@qub.ac.uk

“The Sporting Leaders Programme exposed me to both content and colleagues who have helped shape my philosophy around sport, leadership and performance generally. I would highly recommend Sporting Leaders as a development experience to anyone interested in challenging themselves and their thinking.”

Peter Thompson – Queen’s Soccer Head Coach

Who is delivering this programme?

This programme will be delivered by Professor David Paulson, Hugh Campbell and Joanne Kelly, who have extensive academic, business and sporting experience in exploring the themes and strategies around effective leadership.

SCHEDULE:

MODULE 1

LEADING OR MANAGING
-Action or position?

Friday 8th April, 4-8pm

MODULE 2

LEADERSHIP AND YOU
- An autobiographical inquiry

Friday 29th April, 4-8pm

MODULE 3

SHAPING CULTURE AND BELONGING AS A LEADER

Friday 20th May, 4-8pm

MODULE 4

THE SPORTING LEADER AS A COMMUNICATOR

Friday 10th June, 4-8pm

MODULE 5

STEPPING UP TO THE PLATE
- Analysis and presentation on personal leadership

Friday 24th June, 4-8pm